
SOUTHERN CALIFORNIA SEMINARY
2075 EAST MADISON AVENUE • EL CAJON • CALIFORNIA 92019–1108

CO-515 Counseling Theory 2

Fall 2016, Module 1

9/8/2016 – 10/20/2016

Lecture: Thursdays, 5:30 PM – 10:00 PM/ Online

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Course Description

This course is designed to deepen the student’s knowledge and application of effective theories for counseling, emphasizing the various family systems theories. The student will demonstrate the ability to choose and implement appropriate marriage and family theories and techniques to a variety of counseling situations and diverse people groups. The student will also demonstrate the ability to apply theory to case conceptualizations and treatment plans, appropriate to the client’s culture and value system. *3 Units*

Required Textbooks

1. American Psychiatric Association. (2000). *Diagnostic and Statistical Manual of Mental Disorders: Text Revision, Fourth Edition (DSM-IV-TR)*. ISBN: 0-8904-2025-4.
2. Goldenberg & Goldenberg. (2012). *Family Therapy: An Overview*, (8th Ed.). Brooks/Cole, Cengage Learning. ISBN-10: 1111828806 | ISBN-13: 978-1111828806
3. Gehart, D. (2012). *Theory and Treatment Planning in Counseling and Psychotherapy*. Brooks/Cole, Cengage Learning. ISBN-10: 0840028601 | ISBN-13: 9780840028600
4. O’Leary, D., Hevman, R., and Jongsma Jr., A. (2011). *The Couples Psychotherapy Treatment Planner*, (2nd Ed.). Hoboken, NJ: John Wiley & Sons, Inc. ISBN-10: 047040695X | ISBN-13: 978-0470406953
5. *The Holy Bible*. A translation based on formal equivalence, such as the *New King James Version* or the *New American Standard Bible*, is recommended for study.

Please Note: In order to get your books before classes begin, it is your responsibility to order the texts at least one month prior to the start of class or be willing to pay expedited shipping.

Methods of Instruction

1. Video, simulated case scenarios, “mock” sessions, interactive lecture, online discussion posts, textbook reading, application assignments.

Course Objectives/Student Learning Outcomes

The student who successfully completes this course will be able to . . .	Program Objectives*	SCS Institutional Objectives*
1. Demonstrate understanding and clinical application of the foundational concepts on which family therapy is based.	1	3, 5, 6
2. Identify and differentiate between the major modalities of marriage and family therapy	1	3, 5, 6
3. Integrate the methods of assessment and treatment based on specific family therapy models.	1, 2, 3	2, 3, 5, 6
4. Plan and generate the initial, on-going, and termination stages of therapy using different “systems” modalities.	1, 2, 3	2, 3, 5, 6
5. Demonstrate ability to generate a treatment plan incorporating a systems perspective with various case situations	1, 2, 3	2, 3, 5, 6

* *The program objectives and institutional objectives are published in the current Seminary Catalog.*

Sequence of Instruction

Session	Week of	Session Content	Assignment Due
1	9/8/16	<ul style="list-style-type: none"> • Fundamentals of Family Psychology • Family Systems Framework 	<i>Assignments are Due by Thur. 4pm.</i> <ul style="list-style-type: none"> <input type="checkbox"/> Read: Goldenberg, chapters 1-4 <input type="checkbox"/> Read: Gehart, chapter 1 <input type="checkbox"/> Discussion Post #1 <input type="checkbox"/> Vignette #1 <input type="checkbox"/> Taylor Study Method –Week 1
2	9/15/16	<ul style="list-style-type: none"> • Origins and Growth of Family Therapy • Psychodynamic Theory 	<ul style="list-style-type: none"> <input type="checkbox"/> Goldenberg, chapters 5 & 7 <input type="checkbox"/> Gehart, chapter 4 <input type="checkbox"/> Discussion Post #2 <input type="checkbox"/> Vignette #2 <input type="checkbox"/> Taylor Study Method –Week 2
	9/17/16	Best Practices Legal & Ethical Seminar	Register at www.gorhombus.com and use “student” for coupon code to receive SCS student price of \$40 total.

Session	Week of	Session Content	Assignment Due
3	9/22/16	<ul style="list-style-type: none"> • Bowen 	<ul style="list-style-type: none"> ❑ Goldenberg, chapter 8 ❑ Gehart, chapter 10 ❑ Vignette #3 ❑ Discussion Post #3 ❑ Video Response #1 ❑ Quiz #1 from PPT ❑ Taylor Study Method –Week 3 ❑ Note: It's Time To Order All Textbooks For Next Module!
4	9/29/16	<ul style="list-style-type: none"> • Satir • Treatment Planning • Technique Practice 	<ul style="list-style-type: none"> ❑ Goldenberg, chapter 9 ❑ Gehart, chapter 3 ❑ Discussion Post #4 ❑ Quiz #2 ❑ Vignette #4 ❑ Taylor Study Method –Week 4
5	10/6/16	<ul style="list-style-type: none"> • Structural • Case Conceptualization 	<ul style="list-style-type: none"> ❑ Goldenberg, chapter 10 ❑ Gehart, chapter 15 ❑ Discussion Post #5 ❑ Video Response #2 ❑ Treatment Plan #1 ❑ Taylor Study Method –Week 5
6	10/13/16	<ul style="list-style-type: none"> • Strategic • Solution-Focused • Narrative 	<ul style="list-style-type: none"> ❑ Goldenberg, chapter 11 ❑ Gehart, chapters 11, 12 ❑ Discussion Post #6 ❑ Quiz #3 ❑ Video Response #3 ❑ Taylor Study Method –Week 6
7	10/20/16	<ul style="list-style-type: none"> • Psychoeducation Models • Theoretical Integration • Technique Practice 	<ul style="list-style-type: none"> ❑ Goldenberg, chapter 15 ❑ Gehart, chapters 14 ❑ Discussion Post #7 ❑ Presentations: Case Conceptualization ❑ Treatment Plan #2 ❑ Taylor Study Method –Week 7 ❑ Final Exam

Course Requirements

All paper assignments will be turned in through Blackboard and will be processed through plagiarism software.

1. Participation / Critical Journals. Each student is expected to attend and participate in class fully. If an online student is not able to attend live, he/she must watch the recording of the live class and submit a summary / evaluation on the content. (7x10 = 70 total points)
2. Vignettes. There will be four vignettes in this course where students will be asked to assess as case situation and answer pertinent questions. (4x20 points each = 80 total available points)
3. Treatment Plans. There will be two treatment plans completed in this course. Instructions will be available on Blackboard. (25 points each = 50 total available points)
4. Discussion Board Participation. Students will be expected to make initial posts to the Blackboard discussion board and comment on other students' posts. Clear instructions are located in each session on Blackboard. (7 x 10 points each = 70 total available points)
5. Best Practices Legal & Ethical Seminar. Each behavioral science student at SCS is expected to attend the annual "Best Practices" Legal & Ethical Seminar, presented by CAMFT attorney Cathy Atkins. If a student is not able to attend, they have three months to submit proof of attending another 6 hour CE credit Law & Ethics training. (20 points)
6. Case Conceptualization. Each student will choose a "client" to present a case conceptualization in front of the class. For online students, they will be able to stream in live and options will be posted at the beginning of the course. The "client" could come from one of the vignettes presented in class or another source approved by the professor. (30 points)
7. Presentation of technique. Each student will be expected to demonstrate a technique chosen from a Family Systems theory. The student is responsible to arrange for others to be the "family" so the student can demonstrate the skill from the perspective of the counselor role. More information will be given on the first night of class. (30 points)
8. Taylor Study Method. Students must complete the pretest, all weekly lessons, and the posttest to receive credit for TSM. (50 points)
9. Final Exam. There will be a comprehensive final exam at the end of the course covering the main family systems theories and perspectives. (100 points)

Student Evaluation

<u>Assignment</u>	<u>Points</u>
Participation (7x10)	70
Vignettes (4x20)	80
Treatment Plans (2x25)	50
Discussion Board (7x10)	70
Best Practices	20
Case Conceptualization	30
Presentation of Technique	30
Taylor Study Method	50
Final Exam	100
Total Points	500

Grade Scale

The final course grades are not given out until at least three weeks after the course is finished. A student will not be given their final grade unless the course has been paid for in full.

Grade	Percent	Grade	Percent
A	= 95–100%	C	= 77–79%
A-	= 92–94%	C-	= 74–76%
B+	= 89–91%		
B	= 86–88%	For Graduate Students, a grade lower than “C-” will be lowered to “F.”	
B-	= 83–85%		
C+	= 80–82%		

Other Helpful Information

Attendance Policy

For MACP and PSYD Courses (42-hour module), more than 20 minutes missing from class is considered a Tardy, more than 40 minutes missing from class is counted as an Absence. Two tardies = one absence. You are permitted one absence for a 7-week course. Two absences results in being dropped from the course.

General School Policy: A student who takes an absence from class will receive a penalty resulting in an immediate reduction of their final grade by 7 percent in a modular class and 3.5 percent in a trimester class. However, the student will have the ability to make up between 0 percent and all of the deduction at the professor’s discretion.

Late Course Work Policy

Late work will receive a 20% immediate deduction and no work will be accepted after the last night of class.

Academic Integrity

Southern California Seminary expects its students to conduct themselves honestly in their personal and academic lives. If evidence arises of academic dishonesty, the dean of the program will investigate the matter and take appropriate action.

Offenses Against Academic Integrity

Cheating. Cheating is never tolerated at SCS.

Plagiarism. Plagiarism can occur intentionally or inadvertently. Intentional acts of plagiarism involve knowingly and willingly treating another person's work as one's own original work. It includes copying or imitating the words, sentences, outlines, or ideas of another person.

Inadvertent plagiarism can occur when a student fails to properly cite original sources.

Plagiarism will not be tolerated at SCS. Therefore, all offenses of plagiarism will be reported to

the dean of the program in which the offense occurred and an investigation will be made to determine what disciplinary action should be taken.

Aiding or Conspiring in the Commission of Plagiarism. Helping someone commit plagiarism is viewed as equally dishonest as plagiarism, for all participating parties.

Multiple Submissions. Multiple submissions occur when a student submits a paper that was written for another course as if it were an original paper satisfying the requirements of the present course. Attempting to submit such work is deceptive and a form of academic dishonesty. On the occasion that a student's previous work has some potential for expansion, improvement, or to serve as a starting point for another line of thought (as with Doctrinal Summary/Synopsis) the student will be advised by the professor to what extent a particular previous work may be permitted. The professor may require that a copy of the previous work be submitted with the later work.

Penalty Guidelines for Offenses Against Academic Integrity

Upon determination by the appropriate dean that an offense against academic integrity has occurred, the dean, in conjunction with the professor, will penalize the student according to the following guidelines.

- When investigation reveals that the offense constitutes an inadvertent violation of academic integrity (the student acted ignorantly), the dean may issue a written warning, which will become a part of the student's record. Upon agreement of the dean and the professor, the student may be afforded the opportunity to correct the offense and resubmit the assignment for whole or partial credit.
- When investigation reveals that the offense constitutes an intentional breach of academic integrity the student will suffer the immediate penalty of the grade F (0%) on the assignment, test, etc. Furthermore, the dean may impose additional discipline such as a failing grade in the course in which the offense occurred or recommendation of the student to the Academic Affairs Committee for suspension or expulsion.
- A repeated willful offense will result in the immediate penalty of a failing grade in the course in which the offense occurred. Furthermore, determination will be made concerning what further discipline is necessary, whether suspension, expulsion, or otherwise.
- SCS reserves the right to revoke a degree if it finds that plagiarism was committed to earn it.

Library

The SDCC/SCS Library website is your gateway to library resources and information. For a complete description of the library's holdings, services, staff and access to its online collections, go to: <http://sdcc.edu/library>.